### **ELLIOTT** EXPRESS Eliott



#### Mission Statement

Quality choices in a caring and inclusive, home-like community.





10am-3pm Saturday November 15th, 2025

170 METCALFE STREET
HELD IN THE COMMUNITY CENTRE &
CAFE/ATRIUM

25 vendors showcasing their hand made items, Bake Sale & Tea Room!!

WE'RE PARTNERING WITH THE
CHILDREN'S ART FACTORY FOR A
MINI MAKERS POP-UP WITH 9
CREATIVE BOOTH, COME SEE THE
CHILDREN AND THEIR AMAZING
CREATIONS"



























### NOVEMBER OUTINGS

Dragonfly Art Studio Outing
Tuesday November 4th Leaving at 9:30am
Cost is \$10 transportation plus cost of ticket

Nail Salon Manicure Outing

Monday November 10th Leaving at 1:30pm

Cost is \$10 transportation plus cost of manicure

Stone Road Mall Shopping Outing
Wednesday November 19<sup>th</sup> Leaving at 1:15pm
Cost is \$10 transportation plus spending money

Guelph Storm Game Outing
Sunday November 30<sup>th</sup> Leaving at 1:15pm
Cost is \$10 transportation plus spending money

All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.

### **November Community Centre/Chapel**

**Programs & Events** 

Saturday November 8th at 2:00 p.m.

Gingerbread Decorating with U of G Students

Tuesday November 11<sup>th</sup> at 2:00pm

Remembrance Day Service with Pastor Mike

Wednesday October 8th at 10:00am

**Trinity United Church Service** 

Wednesday November 12<sup>th</sup> at 2:00pm Happy Hour with Martin Wall

Saturday November 15<sup>th</sup> 10:00am-3:00pm

Elliott Community Holiday Market!

Tuesday November 18th at 10:00am

St. Andrew's Presbyterian Service

Wednesday November 19<sup>th</sup> at 10:00am Roman Catholic Mass

Thursday November 20<sup>th</sup> at 2:00pm

Birthday Party with Emily Bowman

Monday November 24<sup>th</sup> at 2:00pm

Movie Matinee- The Wizard of Oz

Wednesday November 26<sup>th</sup> and Thursday November 27<sup>th</sup> at 5:00pm

Resident and Family Holiday Dinners

(Tickets need to be purchased to attend this event)

Wednesday November 29th at 2:00pm

Accordion with Gary in the Ellington Basement

\*\*Please note the location change for this month

Saturday November 29<sup>th</sup> at 2:00pm

**OTS Vet Fraternity Pet Visits** 











## COMMUNITY CHAMPION

**VOLUNTEER RECOGNITION - OCTOBER 2025** 



**AWARDED TO** 

# WILHELMINA DESCHUTTER FRIENDLY VISITOR VOLUNTEER

For 5 years, your kindness and friendship have brightened the days of everyone at The Elliott Community. Thank you, Wilhelmina, for sharing your time, warmth, and caring spirit as a Friendly Visitor volunteer.

## Working on our Wings

## Updates on The Butterfly Approach for Residents and Families

The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, personcentred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

#### **Sharing Life Stories**

Being person centred involves getting to know one another better. Sharing what is important to us helps people to connect and creates a more personalized care experience. Every resident who lives in long-term care at The Elliott has some information about their life posted inside their room in a frame.

Staff working in the Butterfly home areas also create their own "life story profiles". These staff profiles have already been posted on the third floor home areas and will be posted in November on Paisley and Eramosa. We invite you to take a moment to read these profiles and get to know a little more about the Butterfly team.

### Working on our Wings

#### **Visit from Meaningful Care Matters**

We are pleased to welcome Peter Bewert, Managing
Director and CEO of Meaningful Care Matters to The Elliott
Community on Thursday, November 13 in the morning.
Peter last visited our home at the beginning of our
Butterfly transformation. We are pleased to welcome
Peter back to The Elliott Community to share the progress
of our transformation through The Butterfly Approach.
Please join us in welcoming Peter to our home!

#### Family Information and Education Survey

A short five question survey has been shared with longterm care family members to help us plan for future family information and education sessions. If you received this survey by e-mail, please take a few minutes to share your feedback. We look forward to hearing from you!

If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or <a href="mailto:LMarinovic@elliottcommunity.org">LMarinovic@elliottcommunity.org</a>.





# INFECTION CONTROL & PREVENTION UPDATE

#### **It's Time for Your Flu Shot!**

November marks the height of respiratory season, when viruses like influenza, COVID-19, and RSV are more active.

Let's work together to keep our residents healthy, our staff protected, and our antibiotics effective.

#### **Respiratory Season Readiness**

- ✓ Screen for symptoms: fever, cough, sore throat, runny nose, fatigue, or new confusion.
  - ✓ Stay home if unwell—even with mild symptoms.
  - ✓ Wear a mask when caring for coughing or sneezing residents.
- ✓ Promote vaccination: It's not too late to get your flu or COVID-19 shot!

Small actions make a big difference in preventing outbreaks.







# INFECTION CONTROL & PREVENTION UPDATE

#### **Look for:**

✓ Sudden changes in function, appetite, or behaviour

**✓** Fever or chills

**V**Cough or shortness of breath

**✓**New confusion or lethargy

If you notice something unusual, report it early. Timely detection prevents spread and unnecessary antibiotic use.

#### **IPAC Myth-Buster!**

- X Myth: Mild symptoms like a runny nose or cough aren't a big deal.
- ✓ Fact: Even mild symptoms can spread viruses like influenza, RSV, and COVID-19 to vulnerable residents. If you're feeling unwell, stay home and protect others.

#### **Key Takeaway:**

Prevention through hand hygiene, vaccination, and staying home when sick keeps our community safe and strong all year long.

Thank you for doing your part to protect our community.



# **General Store Hours of Operation**

	Morning	Afternoon
Monday	9:30-11:30am	12:15-3:30pm
Tuesday	9:30-12:30	1:30-3:30
Wednesday	9:30-12:30pm	12:30-3:30pm
Thursday	9:30-12:30pm	12:30-2:20
Friday	9:30 - 12:00pm	Closed
Saturday	Closed	1:30-3:30pm
Sunday	9:30-12:30pm	Closed

Thank you for your business!